



RETURN TO PLAY PLAYER INFORMATION





PLAYER INFORMATION



These guidelines have been developed to reduce the likelihood of spreading the COVID-19 virus through tennis. Before attending a tennis venue or playing tennis, you should consider your individual situation noting that the COVID-19 virus can spread very quickly and result in very serious medical complications in some people. Like any activities, there are some inherent risks involved and by participating you are accepting those risks.

COVIDSAFE APP

Tennis encourages all participants to download the COVIDSafe app to help speed up the process of identifying anyone who has been in close contact with someone diagnosed with COVID-19. Learn more: <https://www.health.gov.au/resources/apps-and-tools/covidsafe-app>.

BEFORE YOU PLAY

You must stay at home if you:

- ▶ Have been in contact with someone with COVID-19 in the last 14 days
- ▶ Have been overseas or exposed to someone with COVID-19 in the last 14 days
- ▶ Have flu-like symptoms
- ▶ Or are in a high risk health category.

ATTENDING TENNIS ACTIVITIES

- ▶ Only people core to playing should attend tennis activities such as players, participants, coaches and operational personnel
- ▶ Arrive and leave as close as possible to when you need to be there
- ▶ Only one parent/guardian should accompany younger children where possible.

SOCIAL DISTANCING

- ▶ Tennis holds a unique advantage as a sport which requires no direct contact between players. You can also:
- ▶ Touch racquets instead of the regular pre or post match handshakes
- ▶ Keep 1.5 metres away from other people while watching or attending an outdoors tennis activity and avoid close contact by moving around indoors.

PERSONAL BEHAVIOURS

- ▶ To protect against infection, you should:
- ▶ Wash/sterilise your hands before and after you play and avoid touching your face while playing
- ▶ Not share water bottles or towels. Bring your own full bottle and towel
- ▶ Wash your hands frequently with soap and water or hand-sanitiser when available, before and after eating, after going to the toilet, sneezing and coughing
- ▶ Cover your coughs and sneezes and dispose of any used tissue immediately
- ▶ Avoid touching your face
- ▶ Keep your distance from people who are obviously sick
- ▶ Be aware of what surfaces you touch and if you touch the on court equipment such as net, net handle, hoses, and court bagger you must clean these before you leave
- ▶ Make all payments online or via EFTPOS – avoid handling cash
- ▶ If using Book a Court, make sure you make use of the sanitising facilities at the gate for cleaning each time the pin pad and gate is used.

TENNIS EQUIPMENT

There is no specific evidence that balls can spread COVID-19. We do know that respiratory droplet contamination on hard surfaces can potentially survive for some time. Therefore, you should:

- ▶ Make sure you clean your hands before and after coming off the court
- ▶ Not touch your face after touching a ball, racquet or other shared tennis equipment
- ▶ Sanitise hands at regular intervals while on court
- ▶ Use fewer balls per session
- ▶ Clean all shared tennis gear before and after use with alcohol-based disinfectant.