

First Aid Fast, powered by Australian First Aid represents a fresh new approach to First Aid learning.

First Aid Fast is a more simple way to learn, in a fun and informal environment, providing new life saving skills.

The course will focus on key principles of First Aid, and will be delivered in approximately 3 hours. Everyone enrolled will be given hands on training. First Aid Fast is all about totally flexibility with learning, ensuring the community feels

empowered with better access to life saving skills and information via our unique technologies.

PRICES Adult

Dates: Time:

Location:

If you have 6 or more attending from your Club the price is reduced to \$40 each – 1 only \$60 each Club Family now only \$125 (2 adults 2 children 12-16) was \$150 BOOK NOW Monday 18th April 6pm – 9pm

Tennis SA Memorial Drive

Topics covered include:

- 1. CPR / Defibrillation
- 2. Choking
- 3. Seizures
- 4. Asthma/Allergies
- 5. Bleeding and Bandages
- 6. Sprains, Strains and Fractures
- 7. Head and Spinal Injuries
- 8. Concussions/ Ball and Stick injuries
- 9. Medical Conditions Heart Attack, Stroke & More
- 10. Q & A

What you receive:

- 3 hours of life saving training, learning new skills that could save a life
- First Aid Fast Flip Chart Great for the Fridge
- CPR Face Shield
- Pen
- Free online e learning refresher
- 20% discount off CPR accredited course

Contact Ross Smith ross@aplgroup.com.au Call 0402431164

BOOK NOW – email ross@aplgroup.com.au Or Call Ross Smith 0402431164