

ENVIRONMENT & SUSTAINABILITY QUICK WINS

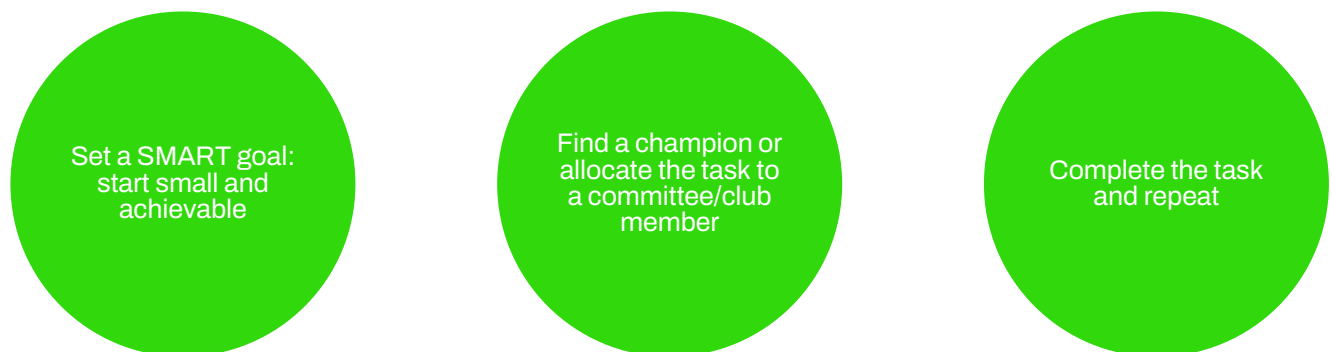
Tennis Victoria recognises that the protection of the environment is an integral part of our business. We enjoy the experience of playing tennis in a clean environment and we want to ensure the ability to continue to do so for generations to come.

Each club and venue is on their own journey when it comes to taking action to support the climate. You may have invested in Green Power, converted to LED lights, are looking to install solar panels or you might not have started yet!

Our Environmental Education Program is a collection of resources to help you take that next step - whatever that may be. Check out the quick wins in this document, allocate an action to a committee/club member and start your journey today.

Your Tennis Development Officer can support you to find additional resources as we improve our efforts in this space.

Where do you start?



Reduce, refuse, reuse and recycle

Reduce

- ✓ Minimise the amount of waste you produce.

Refuse

- ✓ Make a habit of politely refusing single use plastic products such as plastic bags and straws.
- ✓ When doing the canteen shop utilise boxes instead of plastic bags.

Reuse

- ✓ Use items you buy more than once.

Recycle

- ✓ Using a product for a new use instead of throwing it away.
- ✓ Make yourself familiar with the recycling facilities in your area. All local Councils have slightly different processes and facilities, but all provide information on their websites.

Rethink

- ✓ Consider how your actions impact the environment.
- ✓ Start small.
- ✓ Don't overwhelm your club with too many changes, determine the ones that are easy and can create behavior change and slowly add more.

Your Clubhouse

- ✓ Ensure your appliances are regularly checked and tagged.
- ✓ Purchase 4-5 star appliances when your current appliances age out. Need to recycle your clubs' old appliances? Work with council and local recycling companies to do so, sometimes you will get some money back!
- ✓ Monitor the temperature of your fridges and freezers
 - Fridges 0-4°
 - Freezers -18°
 - Anything cooler and you are wasting energy
 - Place fridges and freezers out of direct sunlight and heat sources. They will expend less energy, therefore staying cool.
- ✓ Insulating and/or double glazing will reduce the time and energy it takes to cool and heat your clubhouse, leading to reduced costs.
- ✓ Take the time to drought seal doors and windows to reduce the amount of wasted heated and cooling.
- ✓ On windows in direct sunlight, invest in shade and blinds to reduce the impact of the sun.
- ✓ Review your needs for hot water
 - Sporadic use of hot water – instantaneous systems may be best
 - Continual use of hot water – electric heat pumps may be best.
- ✓ Change internal light globes to LED's.
- ✓ Timed lighting and hand dryers in the clubhouse bathrooms.
- ✓ Regularly check taps and fitting for slow leaks. Leaky taps can waste up to 1 litre of water an hour.

Venue

- ✓ Aim to convert old court lighting to LED. Investigate solar panels and power batteries.
- ✓ Install solar lights on the external building to light up walkways and car parks.
- ✓ Install rainwater tanks
 - Use rainwater for any ground maintenance and cleaning
 - Use rainwater for any court cleaning and upkeep.
- ✓ Install bike racks.
- ✓ Install EV parking and charge stations.
- ✓ Water taps and refill stations
 - Offer and encourage reusable drink bottles for club members.

Match Days

- ✓ Carpool to interclub matches and tournaments.
- ✓ Loan uniforms to participants.
- ✓ Recycle uniforms.
- ✓ Recycle balls and equipment

Canteen

- ✓ Collect and return soft plastic wrapping to supermarkets.
- ✓ Invest in reusable food coverings such as silicon and beeswax wraps for fridge storage.
- ✓ Consider investing in a dishwasher
 - Dishwashers use up to 6 times less water than washing dishes and use less soap too.
- ✓ Use cloth towels instead of paper towels where practical.
 - These hold more water and are often sturdier when cleaning.
- ✓ Provide and colour code bins in line with your Council's recycling process (metal, cardboard, plastic, compost)
 - Provide images of what should go in each bin. Local councils and recycling centers often have posters you can use.
- ✓ Bulk buy items and where possible choose biodegradable
 - Plan ahead for single events by only purchasing biodegradable products in addition to your standard stock
 - Consider purchasing toilet paper with recycled content.
- ✓ Choose ecofriendly cleaning products, this reduces packaging and shipping waste and often means savings.
- ✓ Crockery and cutlery - have a standard amount of crockery/cutlery available for club member use
 - Provide reusable options (e.g. mugs from the op-shop for teas and coffee).
- ✓ Introduce a composting system.
- ✓ Connect with local food share companies to offload any leftover or unused food.

Governance

- ✓ Reduce paper by making meeting minutes, note taking, competition fixtures and results digital
 - Consider digital storage (iCloud, Google Drive, One Drive etc)
 - If it needs to be printed, use recycled paper and print double sided.
- ✓ Support local businesses for awards and recognition, e.g. provide vouchers to local vendors or reusable items instead of once off items.
- ✓ Introduce online Point of Sale, membership and invoicing to reduce paper.
- ✓ Connect with local initiatives that encourage sustainability e.g. tree planting.
- ✓ Dim down the screens on TV's and computers to 70% this uses 20% less power.
- ✓ Where you purchase goods and services, ask about their sustainability policies and practices.